

Joannicius the Great

Saint Joannicius was born in Bithynia about the year 740. His father was named Myritrikes and his mother Anastaso. When he had reached maturity, he excelled in soldiery and was counted worthy of royal honours for his bravery. He had been brought up an iconoclast, but while yet a soldier, he was converted to Orthodoxy by a certain holy elder. He later forsook all things and departed for Mount Olympus, where he spent the remainder of his life in asceticism. Becoming great in virtue, he reposed in the Lord in the year 834, having lived some ninety-four years. To this Saint is ascribed the brief prayer, "My hope is the Father

"This is none other than the House of God.
And this is the Gate of Heaven"

Genesis 28:17



THE LORD'S PRAYER

(In English and Phonetic Arabic)

Our Father who art in heaven, Hallowed-be thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, And lead us not into temptation, but deliver us from evil.

ABANA'L LATHEE FILL SAMAWAT; LEE YATA KADASS ISMUK
LEE YATEE MALA KUTUK; LEE TAKUN MASHI ATUK
KAMA FILL SAMA KADHA LEEKA ALA'L-ARD
KHUBZANAL JAOHARI ATINA'L YAOM; WATRUK-LANA MA ALAINA
KAMA NATRUKE NUHNU LIMAN; LANA ALAIH
WALA TUD KHILINA FI TAJRIBA; LA KIN-NAJJINA-MINA'L SHIRIR

St. George Antiochian Orthodox Christian Cathedral

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November 4, 2018

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Tony Sommer, Mathew Ade,

Tony Pedro, Christopher Hughes

Concierge

Michael Goodman 419-324-4115

St. George Parish Council

Chair: Keith Haddad

Vice Chair: Ryan Sommer

Treasurer: John Ellis

Secretary: Nadia Swade

Chancellor: Mitchell Howard

George Bardwell Jr., Mike Saba,

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Mitri.

Compiled and edited by:

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*Metropolitan JOSEPH, Archbishop of
the Antiochian Orthodox
Archdiocese of North America*

*Bishop ANTHONY Michaels
Diocese of Toledo and the Midwest*

*Father Michael G. Shaheen
Dean/ St. George Cathedral*

Sunday November 4, 2018

Twenty-third Sunday after Pentecost & Fifth Sunday of Luke Venerable Ioanikios the Great of Mount Olympus Hieromartyrs Nicander the bishop of Myra and Hermias the priest; Martyr Porphyrios of Ephesus; Emperor John the merciful

Tone VI

Eothinon I

Troparion for the Resurrection VI

.When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

باللحن السادس

إِنَّ الْقَوَاتِ الْمَلَائِكَةَ ظَهَرُوا عَلَى قَبْرِكَ الْمَوْفَرِ،
وَالْحُرَّاسُ صَارُوا كَالْأَمْوَاتِ، وَمَرِيمٌ وَقَفَتْ عِنْدَ الْقَبْرِ
طَالِبَةً جَسَدَكَ الطَّاهِرَ فَسَبَّيْتَ الْجَحِيمَ وَلَمْ تُحْرَبْ مِنْهُ،
وَصَادَفْتَ الْبَتُولَ مَانِحًا الْحَيَاةَ. فَيَا مَنْ نَهَضَ مِنْ
الْأَمْوَاتِ يَا رَبُّ الْمَجْدِ لَكَ

**Wishing all of you who were born
in the month of November
A Very Happy Birthday!**

Vanya Vichailak 01

Laurice Khoury Tamber 01

Gabby McKarus 04

Cherie Joseph 09

Elizabeth Aoaud 11

Anton Vichailak 11

Hassan Semaan 13

Issam Ghareeb 15

Harry Gallagher 18

Randy Swade 20

Ibrahim Haddad 22

Jennifer Gallagher 22

Michael Alexander 25

**Happy
Birthday
Louis A. Sommer 27**

Sophia Mckarus 01

Roman Mckarus 04

Amal Haddad 08

Karyn Hajjar 10

Cherryl Nicholas 11

Lorin Swade 12

Keith Haddad 14

Gayle Ghareeb 15

Samira Hajjar 20

Montri Vichailak 20

Jim Scisson Jr. 22

Nadia Swade 22

Lisa Hajjar 27

Nativity Fast **November 15-December 24**

Through the discipline of fasting, practice with humility and repentance, it is believed that by learning to temper the body's primary desire for food, that other worldly desires can be more easily tempered as well.

Through this practice one is better enabled to draw closer to God in the hope of becoming more Christ-like. While the fast influences the body, it is important to note that emphasis is placed on the spiritual facet of the fast rather than mere physical deprivation.

Orthodox theology sees a synthesis between the body and the soul, so what happens to one affects the other. The church teaches that it is not enough to fast from food; one must also fast from anger, greed and covetousness. In addition to fasting, almsgiving is also emphasized.

Perhaps we can strive to better ourselves and become closer to God through this practice. Why not make the effort this year.

The Cathedral Baking Ministry

This beautiful ministry led by Mrs. Karyn Hajjar, lovingly bakes the prosfora (Holy Bread) for the Cathedral as well as the Antidron (the bread you receive as we depart church).

Object: To bake Holy Bread for our cathedral

When: TBA

Who: anyone willing to learn and dedicate approximately 4 hours

Where: Cathedral Kitchen

We will listen to liturgical music as we bake. This is the beginning of many memories and lots of fun. Please join by signing up for this ministry.

419-351-3441

Troparion of St. Ioanikios, VIII

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father Ioanikios, intercede with Christ God to save our souls.

Troparion for St. George IV

As Deliverer of Captives and Defender of the Poor, Healer of the Infirm, Champion of Kings, Victorious Great Martyr George, intercede with Christ our God, for our salvation.

Kontakion for The Theotokos II

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TODAY'S INSPIRATION

Whoever has become a servant of the Lord fears only his Master. But whoever is without the fear of God is often afraid of his own shadow. Fearfulness is the daughter of unbelief. A proud soul is the slave of fear; hoping in itself, it comes to such a state that it is startled by a small noise, and is afraid of the dark.

(St. John of the Ladder, The Ladder, 21.11,1,4)

The Epistle

*O Lord, save Thy people and bless Thine inheritance.
To Thee, O Lord, have I cried, O my God.*

The Reading from the Epistle of St. Paul to the Ephesians.

2:4-10

Brethren, God, Who is rich in mercy, out of the great love with which He loved us, even when we were dead through our trespasses, made us alive together with Christ (by grace you have been saved), and raised us up with Him, and made us sit with Him in the heavenly places in Christ Jesus, that in the coming ages He might show the immeasurable riches of His grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith; and this is not your own doing, it is the gift of God—not because of works, lest any man should boast. For, we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

The Holy Gospel

The Reading of the Holy Gospel according to St. Luke

16:19-31

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover, the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses and the prophets; let them hear them.' And he said, 'No, father Abraham; but if someone goes to them from the dead, they will repent.' He said to him, 'If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.'"

الأحد الخامس من لوقا

إنجيل اليوم: لوقا

(ص 16: ع 19 – 31)

قال رب: كان إنسان غنى يلبس الأرجوان والبز ويتنعم كل يوم تنعماً فاخراً* وكان مسكين اسمه لعاذر مطروحاً عند بابه مصاباً بالقرح* وكان يشتهي أن يشبّع من الفتات الذي يسقط من مائدة الغني. لـ كانت الكلاب تأتي وتلحس قروحه* ثم مات المسكين فنقتته الملائكة إلى حضن إبراهيم. ومات الغني أيضاً فدفن* فرفع عينيه في الجحيم وهو في العذاب فرأى إبراهيم من بعيد ولعاذر في حضنه* فنادى فنانلاً: يا أبا إبراهيم ارحمني وأرسل لعاذر ليغمض طرف أصبعه في الماء وبيرد لسانه لأنّي معدّب في هذا اللهيب* فقال إبراهيم: تذكر يا ابني أنك نلت خيراتك في حياتك ولعاذر كذلك بلايه. والآن فهو يتعرّى وأنت تتعدّب* وعلاوة على هذا كله فيينا وبينكم هؤة عظيمة قد أثبتت حتى أنَّ الذين يريدون أن يجتازوا من هنا غليكم لا يستطيعون، ولا الذين هناك أن يعبروا إلينا* فقال: أسألك إذن يا أبا أن ترسله على بيت أبي* فإنَّ لي خمسة أخوة حتى يشهد لهم لكي لا يأتوا هم أيضاً إلى موضع العذاب هذا* فقال له إبراهيم: إنَّ عندهم موسى والأتباء. فيسمعوا منهم* قال: لا يا أبا إبراهيم. بل إذا مضى عليهم واحد من الأموات يتوبون* فقال له: إن لم يسمعوا من موسى والأتباء فإنهم ولا إن قام واحد من الأموات يصدقونه.

ORATORICAL INSTRUCTIONS

TWO
∞

In the Service of Baptism, we sing, "As many as have been baptized into Christ, have put on Christ." (Galatians 3:27). Describe how living your life in Christ strengthens you.

Consider how your love for our Lord is increased by:

- Nurturing your life through prayer
- Participating in the Church and its services
- Learning how the Saints lived a life in Christ
- Other exercises of your spiritual strength

THREE
∞

How does Christ strengthen us in the special places and events organized by various ministries of the Church, such as at the camps and conference centers, Parish Life Conferences, SOYO retreats, delegates meetings, SOYO gatherings, Creative Arts Festivals, Bible Bowl, Vacation Bible Schools, etc.?

Our Scriptural Theme appears on the arch over the entrance of the Antiochian Village Camp. Reflecting on this, Metropolitan Joseph writes:

“Since 1978, the Antiochian Village has been the Mount Tabor of our Archdiocese. It has been our home where we gather to encounter our transfigured Lord; to be ourselves transfigured. As much as we can bear our Lord's glory, we can bring His glory to the world. The Antiochian Village is where our bishops, clergy, adults and children gather to study, worship, have fellowship and rejuvenate our faith. We have invested much of ourselves in this place where we meet and are fed by God.
”

How does Phil. 4:13 relate to your activities at various church settings such as the Antiochian Village, Camp St. Nicholas, Camp St. Thekla, Camp St. Raphael, Camp St. George, Camp Transfiguration and other settings across North America where our youth and adults gather? How have your experiences in this type of setting strengthened you to participate in the other areas of your life?

FOUR
∞

The early Church gathered for both worship and fellowship. Share your experience and discuss the importance of finding places and opportunities where we can gather together as members of the Holy Orthodox Church. Explore how these gatherings and relationships with other Orthodox youth strengthen your love for Christ, your faith and your knowledge of God.

For registration and more information go

www.OrthodoxYouth.org

2019 ORATORICAL FESTIVAL

AN OPPORTUNITY FOR ORTHODOX CHRISTIAN TEENS TO SHARE THEIR FAITH WITH OTHERS

I can do
all things
through
Christ
who strengthens
me.
Philippians 4:13



The Oratorical Festival is run by the
Antiochian Orthodox Christian Archdiocese
Department of Youth and Parish Ministries

For registration and more information go
www.OrthodoxYouth.org

ORATORICAL INSTRUCTIONS

Please utilize one or more of the following focus points
in developing your Oration.

ONE
∞

What is the significance of Philippians 4:13 for
your life and for the Church? Look at the words of
St. Paul throughout Chapter 4 to understand this
line in the broader context of the chapter.

Keep in mind that:

- The verse is referring to all things profitable for our souls and for the sake of the Gospel.
- The verse describes a relationship of love between Christ and ourselves. The greater our love grows for Him, the more His grace is drawn to us and emanates from us towards others. We become the living Gospel. (e.g. He first loves us which allows us to emulate His example - we learn to love Him through many things around us such as the Church, its services and sacraments, other people, nature and especially prayer.)
- The Gospel is best spread by both our words and our way of living, matching Christ's example.
- Whatever we do, it is for the sake of the Gospel and the spreading of the Good News, and it must always be in service of Christ and our neighbor.
- When St. Paul says, "I can do all things through Christ Who strengthens me..." the context indicates that he can endure whatever happens for the sake of preaching the Gospel; it has nothing to do with encouraging people to follow their personal desires, as some people often interpret.

CONTINUED ON OTHER SIDE...

WE ENTER TO WORSHIP...

WE DEPART TO SERVE...

PROPER ETIQUETTE WHILE IN CHURCH

- ✗ Turn off cell phones before entering church.
- ✗ There should be no talking or chewing gum while in church.
- ✗ No water or any other beverage should be consumed while in church.
- ✗ The only persons permitted behind the Holy Altar are the Clergy and Altar servers.
- ✗ No walking up or down the isle if the Gospel is being read.
- ✗ The only persons that should be standing in the back are the ushers to keep order.
- ✗ If you are planning to partake of Holy Communion, please prepare yourself properly.

THE PROPER WAY TO RECEIVE HOLY COMMUNION

It's as easy as 1,2,3...

1. Approach the chalice with reverence with arms crossed over your chest.
2. State your name for the priest
3. Tilt your head back and open your mouth to avoid touching the spoon with your mouth.

Following these three simple steps will ensure us that we are receiving Holy Communion in the correct order prescribed by the Orthodox Church and at the same time gives consideration to our fellow parishioners.

*One thing have I desired of the Lord...
That I may dwell in the house of the Lord
To behold the beauty of the Lord ...
(Psalm 27:4)*

- † Honour the memory of a deceased loved one,
- † Offer your thanksgivings for the blessings granted to you and your family
- † Commemorate a special event in your life

St. George Cathedral is in need a some Liturgical items

- ✗ New chalice sets for Holy Communion
- ✗ New altar cloths in liturgical colors
- ✗ Several other items

If you would like to donate, please see Father Michael.

CONFESSON

As our Divine liturgy is our entry into the Kingdom of God from the moment of the Great Proclamation:

"Blessed is the Kingdom of the Father, the Son and the Holy Spirit. Amen"

It is very proper to cease hearing confession from this moment.

Hence, Father Michael is offering you, beloved faithful, 2 ways for you to confess.

1. A private appointment can be made
2. Sunday during Orthros at 9:30 AM

**This is a very important part of our Christian faith and
MUST be practiced regularly**

Memorials and Prayers of Oblations

It is customary in the Orthodox Church when families wish to remember a loved one who has passed on, that a Trisagion Service (**Memorial Service**) be held at the end of Liturgy. The names are written in the bulletin as well as mentioned during the Great Entrance.

A loaf of Holy Bread is then given by the priest to the family to take with them in remembrance of the those whom we've prayed for. It is also customary, but not obligatory, when remembering loved ones (**Memorials**) or praying for the health of friends and family (**Oblation**), that a donation be given to the church and a gift of thanks to the Parish priest.

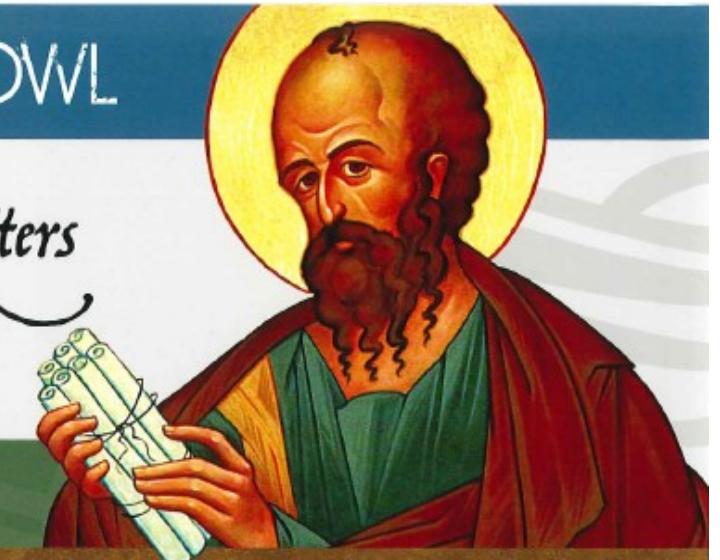
We ask that you please make use of the envelopes designed for this, which have a provision to designate where you would like your donation to go. These can be found in the Vestibule.

If you wish to have a Memorial Service, prayers of Oblation and/or host a Coffee Hour, please contact Kh. Adma at 419-475-7054

2019 BIBLE BOWL

St. Paul's Letters

TO THE EPHESIANS,
PHILIPPIANS, AND
COLOSSIANS



Join the competition in these age groups:

Pre-teens: Ages 10-12

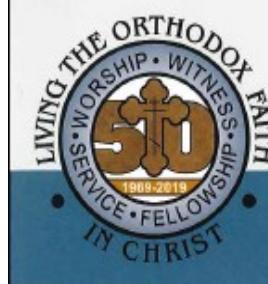
Teens: Ages 13-19 *

Adults: Ages 20+

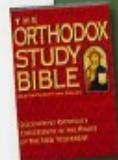
* The Diocese of Los Angeles and the West has two teen groups: 13-15 & 16-19

∞ Study Questions, Rules, Contacts, Bible Bowl Registration and other information are available online at: www.OrthodoxYouth.org

∞ All Bible Bowl Teams must be registered two weeks in advance of your Diocesan Parish Life Conference.



The Bible Bowl is run by the Antiochian Orthodox Christian Archdiocese Department of Youth and Parish Ministries



All questions will come from St. Paul's Letters to the Ephesians, Philippians, and Colossians as found in the *Orthodox Study Bible*. Available from Ancient Faith Publishing and other fine bookstores.

PLEASE KEEP THE FOLLOWING IN MIND AS YOU LEAD YOUR BIBLE STUDY ON THESE LETTERS:

1. These three letters should be studied separately and not to be combined.
2. In addition, we must point out that although these letters were written to specific cities:
 - a. they were really in a nutshell written to the Roman Empire at the time
 - b. these cities are important
 - i. Ephesus was the capital of its province.
 - ii. Colossus is to remind people that God is even greater than those who lived there and their habits and behavior.
 - iii. Philippi reminds us that the Roman Empire came and conquered by the mighty army and the horse. The strength of God is through Christ. Hence chapter 4 verse 13. What is Christ? He is a message of love. Not a sword or army.

THESE LETTERS OF ST PAUL CALL US TO ALWAYS SERVE OTHERS, TO LIFT UP OTHERS AND TO COMFORT OTHERS, NOT TO CONQUER AND NOT TO DOMINE.

www.OrthodoxYouth.org