

Forgiveness Sunday

The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.



THE LORD'S PRAYER

(In English and Phonetic Arabic)

Our Father who art in heaven, Hallowed-be thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, And lead us not into temptation, but deliver us from evil.

ABANA'L LATHEE FILL SAMAWAT; LEE YATA KADASS ISMUK
LEE YATEE MALA KUTUK; LEE TAKUN MASHI ATUK
KAMA FILL SAMA KADHA LEEKA ALA'L-ARD
KHUBZANAL JAOHARI ATINA'L YAOM; WATRUK-LANA MA ALAINA
KAMA NATRUKU NAHNU LIMAN; LANA ALAIH
WALA TUD KHILINA FI TAJRIBA; LA KIN-NAJJINA-MINA'L SHIRIR

“This is none other than the House of God.
And this is the Gate of Heaven”

Genesis 28:17



St. George Antiochian Orthodox Christian Cathedral

كاتدرائية القديس جاورجيوس الأنطاكية الأرثوذكسية

3754 Woodley Rd. Toledo, Ohio 43606-1159

Phone: 419-475-7054

Fax: 419-475-3502

www.saintgeorgetoledo.com

March 10, 2019

الأب مايكل شاهين

Dean/Pastor

Father Michael G. Shaheen

Phone: 419-260-1621

frmstgeorge@gmail.com

Office Administrator

Kh. Adma Shaheen 419-475-7054

thecathedraloffice@gmail.com

St. George Choir Director

Mackenzie Erin Payton (Interim Director)

Chanters

Tony Khoury, Nadeem Khoury,

Wafeek Khoury, William Swade

Sub Deacons

Christopher Haddad; Michael Saba

Altar Captains

Tony Sommer, Mathew Ade,

Tony Pedro, Christopher Hughes

Concierge

Michael Goodman 419-324-4115

St. George Parish Council

Chair: Nadia Swade

Vice Chair: Tony Sommer

Treasurer: John Ellis

Secretary: Karyn Hajjar

Chancellor: Mitchell Howard,

Keith Haddad, Sub Dn. Mike Saba,

Andrea Bassett, David Joseph,

Brad Mc Arthur, Ryan Sommer,

Sabah Mitri, Dr. Hassan Seaman.

Compiled and edited by:

Kh. Adma Shaheen



**Metropolitan JOSEPH, Archbishop of
the Antiochian Orthodox
Archdiocese of North America**

**Bishop ANTHONY Michaels
Diocese of Toledo and the Midwest**

**Father Michael G. Shaheen
Dean/ St. George Cathedral**

Sunday March 10, 2019

Sunday of Forgiveness (Cheese Fare) Martyr
Kodratos of Corinth and his five companions;
Anastasia the patrician of Alexandria; New-
martyr Michael of Thessalonica
Tone VIII Eothinon VIII

Troparion for the Resurrection VIII

From the heights thou didst descend O
Compassionate One, and thou didst
submit to the three-day burial, that thou
might deliver us from passion. Thou art
our Life and our Resurrection, O Lord,
glory to thee.

باللحن الثامن

أُحْدِرْتِ مِنَ الْعُلُوِّ يَا مُتَحَنِّنٌ، وَقَبِلْتِ ادْفِنَ ذَا الثَّلَاثَةِ
الْأَيَّامِ لِكِي تَعْتَقِنَا مِنَ الْإِلَامِ. فَيَا حَيَاتِنَا وَقِيَامَتِنَا يَا رَبُّ
الْمَجْدُ لَكَ

Troparion of St. George IV

As Deliverer of Captives and Defender
of the Poor, Healer of the Infirm, Cham-
pion of Kings, Victorious Great Martyr
George, intercede with Christ our God,
for our salvation.

**Wishing all of you who were born
in the month of March
A Very Happy Birthday**

Rhonda Saba 02

Paul Antypas 03

Jenna McClure 06

Marie Russel 05

Adedayo Bonnie Hajjar Agboola 05

Anita Skaff 07

Reem Khoury 08

Salim Khoury 10

Rommie Swade 10

Samira McKarus 10

Luke Shay 11

Samuel Ansara 11

Michelle Joseph 12

Mike Madonian 12

Lauren Czerniak 13

Gabriella Semaan 17

Andrea Damas 18

George Bardwell Jr. 20

Myranda Earhart 20

Mary Joseph 23

Nicholas McKarus 23

Chris Joseph 24

Brittany Bardwell 25

Sharon Grzywinski 28

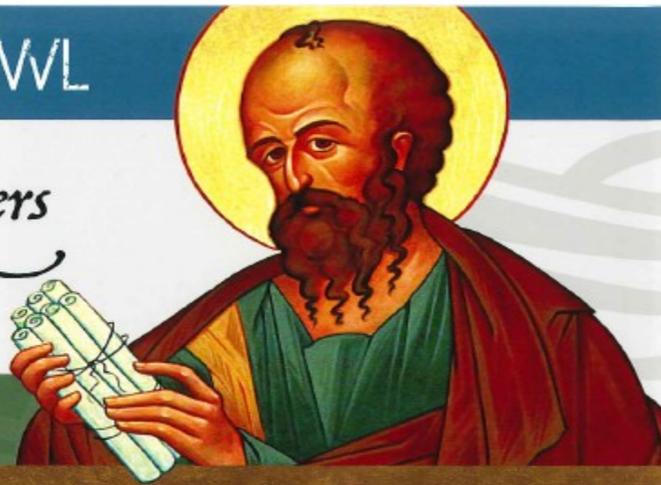
Happy

Birthday

2019 BIBLE BOWL

St. Paul's Letters

TO THE EPHESIANS,
PHILIPPIANS, AND
COLOSSIANS



which coincides with the ...
St. George Cathedral Bible Study

We will be doing the following

- ◆ Read and hold a discussion on these Books
- ◆ Learn a deeper meaning and understanding of the bible and what it teaches us
- ◆ Enjoy friendship and fellowship with one another at each session

Next Meeting Date:

Thursday March 7, 2019

7:00-8:00 pm

St. George Cathedral Library

Please note that during Great Lent, our Bible Study will be every **Wednesday at 7:00 pm** following the Pre Sanctified Liturgy which takes place in the Chapel at 6:00 pm. These dates are as follows.

March 13, 20, 27 & April 3, 10, 17.

Kontakion of Forgiveness Sunday VI

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

The Epistle

Sing praises to our God, sing ye: sing praises to our king, sing ye.

O clap your hands, all ye nations.

The Reading is from Saint Paul's Letter to the Romans

13:11-14:4

BRETHREN, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinion. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

The Holy Gospel

The reading is from the Holy Gospel according to St. Matthew

6:14-21

The Lord said; if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who sees in secret; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moths and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes, and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

إنجيل اليوم: متى (ص:6ع 14-21)

قال الرب: إن غفرت للناس زلاتهم يغفر لكم أوبكم السماوي أيضًا. وإن لم تغفروا للناس زلاتهم فأبوكم أيضًا لا يغفر لكم زلاتكم. ومتى صمتم فلا تكونوا معبسين كالمرائين، فإنهم ينكرون وجوههم ليظهروا للناس صائمين، الحق أقول سك واغسل وجهك لئلا تظهر للناس صائمًا بل لأبيك الذي في ألكم إنهم قد أخذوا أجرهم. أمّا أنت فإذا صمت فادهن ر الخفية، وأبوك الذي يرى في الخفية يجازيك علانية. لا تكنوا لكم كنوزًا على الأرض حيث يقصد السوس والأكلة وينقب السارقون ويسرقون. ولكن أكنزوا لكم كنوزًا في السماء حيث لا يقصد سوس ولا أكلة ولا ينقب السارقون ولا يسرقون. لأنه حيث تكون كنوزهم هناك تكون قلوبكم.

Let us Forgive One another

Let us Love One another

Let us Pray together

O Lord our God, good and merciful, I acknowledge all my sins, which I have committed every day of my life, in thought, word and deed; in body and soul alike. I am heartily sorry that I have offended thee, and I sincerely repent; with tears I humbly pray thee, O Lord: of thy mercy forgive me all my past transgressions and absolve me from them. I firmly resolve with help of Thy Grace, to amend my way of life to sin no more; that I may walk in the way of the righteous and offer praise and glory to the Name of the Father, Son, and Holy Spirit. Amen.

The Invocation of the All Holy Spirit

Dialogue between priest and people

Priest: Again we offer unto Thee this reasonable and unbloody service, and we beseech and pray thee and supplicate thee. Send down thy Holy Spirit upon us and upon these gifts here spread forth.

And the priest makes the sign of the cross over the Holy Gifts thrice, saying:

Priest And make this Bread the precious Body of thy Christ.

People: Amen!

And the priest blessing, says:

Priest: And that which is in this Cup, the precious Blood of thy Christ:

People: Amen!

And the priest, blessing both the Holy Things says:

Priest: Changing them by thy Holy Spirit.

Priest and people: Amen! Amen! Amen!.

St. George Orthodox Boutique

NOW OPEN!

The boutique is set with new merchandise such as icons, theology and liturgical books and other great gift ideas. Merchandise is available for purchase during coffee hour. There are great gift ideas for you and your loved ones.

Stop by and check it out, we're sure you'll find something to bring home with you.

Managed by: The Cathedral Fellowship

TODAY'S INSPIRATION

Don't be deceived regarding the knowledge of what will be after your death: what you sow here, you will reap there.

After leaving here, no one can make progress. Here is the work, there the reward; here the struggle, there the crowns.

(St. Barsanuphius the Great, Instructions, 606)

WE ENTER TO WORSHIP...

WE DEPART TO SERVE...

PROPER ETIQUETTE WHILE IN CHURCH

- ✠ Turn off cell phones before entering church.
- ✠ There should be no talking or chewing gum while in church.
- ✠ No water or any other beverage should be consumed while in church.
- ✠ The only persons permitted behind the Holy Altar are the Clergy and Altar servers.
- ✠ No walking up or down the isle if the Epistle or Gospel is being read.
- ✠ The only persons that should be standing in the back are the ushers to keep order.
- ✠ If you are planning to partake of Holy Communion, please prepare yourself properly.

**IT'S TIME TO
DANCE
THROUGH THE
DECADES**

PLEASE JOIN US TO CELEBRATE

MAY 4TH
6PM - 11PM
ST. GEORGE CATHEDRAL
3754 WOODLEY RD

ADULTS \$15
CHILDREN \$5
(AGE 18 AND UNDER)

*HOT DOGS, HAMBURGERS, ROOT BEER FLOATS
COME DRESSED IN YOUR FAVORITE DECADE

"THAT THEY MAY ALL BE ONE, JUST AS YOU, FATHER, ARE IN ME, AND I IN YOU."
PAN-ORTHODOX FELLOWSHIP OF TOLEDO

INVITES YOU TO CELEBRATE

**SUNDAY OF ORTHODOXY
PAN-ORTHODOX VESPERS**

SUNDAY MARCH 17^{AT} 6:00 PM

HOLY TRINITY GREEK ORTHODOX CATHEDRAL

MARCH 24
ST. GEORGE
CATHEDRAL, WOODLEY

MARCH 31
SAINT ELIAS
CHURCH, SYLVANIA

APRIL 7
ST. GEORGE
CATHEDRAL, ROSSFORD

APRIL 14
SAINT GEORGE
CHURCH, MONROE.

A POTLUCK DINNER FOLLOWS ALL SERVICES.

With the blessing of His Eminence, Metropolitan JOSEPH and His Grace, Bishop JOHN

**BOSTON, MA
MAY 3-5, 2019**

YOUNG ADULT RETREAT

FORMING AUTHENTIC RELATIONSHIPS IN A FALLEN WORLD



Young Adult Retreat
with Fr. Milad Selim

*Retreat by Request at
the 2018 OYPC*

**Register before April 5, 2019
\$135 per person**

Register April 6-April 30, 2019
\$150 per person

Registration includes: Friday night event with
appetizers, Saturday meals, transportation
to/from Boston for Saturday night event
and Dinner Boat Cruise.

Hotel Special Room Rates at
Homewood Suites, Worcester, MA



Visit www.stgeorgeworcester.org for more information.

**BOSTON, MA
MAY 3-5, 2019**

**YOUNG ADULT
RETREAT WITH
FR. MILAD SELIM**



Forming Authentic Relationships in a Fallen World

Meet us in Boston for a weekend
of thoughtful discussions,
fellowship with friends and fun
exploring the great city of Boston!
All young adults 21+ and
older are invited to attend!

Weekend Schedule

Friday, May 3, 2019
5-7pm Check at Hotel
8-11pm Evening Local Event

Saturday, May 4, 2019
9:30am Opening at St. George
10am-2pm Three sessions, breakout
discussion and lunch
2-4pm Free Time
4pm Vespers
5pm Board Buses
6:30-11pm Dinner Boat Cruise in Boston
11:15pm Buses Return to Worcester

Sunday, May 5, 2019
9am Orthros at St. George
10am Divine Liturgy at St. George
followed by Coffee Hour



**All information at
www.stgeorgeworcester.org**

Registration Information

\$135 per person
Register by April 5, 2019

\$150 per person
Register April 6-April 30, 2019

Registration includes: Friday night event
with appetizers, Saturday discussions &
sessions lunch, dinner, snacks,
transportation to/from Boston for Dinner
Boat Cruise and Sunday Coffee Hour at St.
George Cathedral.

Hotel Information

Hotel Special \$159/night Room Rate at
Homewood Suites, Worcester, MA